

# Time Schedule for Club Activities

|                                       | Mon  | Tue  | Wed  | Thu  | Fri  | Sat   | Sun                    |
|---------------------------------------|--|--|--|--|--|---|------------------------|
| <b>Judo Club ( Men )</b>              | 6 : 50 ~ 8 : 00<br>16 : 30 ~ 19 : 30<br>Normal Practice<br>Judojo(Building No.2) |  | 16 : 30 ~ 19 : 30<br>Normal Practice<br>Judojo(Building No.2)                  | 6 : 50 ~ 8 : 00<br>16 : 30 ~ 19 : 30<br>Normal Practice<br>Judojo(Building No.2) |  | 9 : 00 ~ 12 : 00<br>Normal Practice<br>Judojo(Building No.2)                | Off                    |
| <b>Judo Club ( Women )</b>            | 6:50 ~ 7:50<br>16:30 ~ 19:00<br>Normal Practice<br>Judojo(Building No.7)         |  |  | 16:30 ~ 19:00<br>Normal Practice<br>Judojo(Building No.7)                        | 6:50 ~ 7:50<br>16:30 ~ 19:00<br>Normal Practice<br>Judojo(Building No.7) | 9:00 ~ 12:00<br>Normal Practice<br>Judojo(Building No.7)                    | Off                    |
| <b>Kendo Club<br/>(Men and Women)</b> | 7:00 ~ 8:00<br>16:30 ~ 18:30<br>Normal Practice<br>Kendojo(Building No.2)        |  |  |  |  | 9:00 ~ 11:00<br>Normal Practice<br>Kendojo(Building No.2)                   | Off                    |
| <b>Kyudo Club</b>                     | 16:30 ~ 19:00<br>Normal Practice<br>Nippon Budokan Training Center               |  |  |  |  | 9:00 ~ 12:30<br>Normal Practice<br>Nippon Budokan Training Center           | Off<br>or Competitions |
| <b>Karatedo Club</b>                  | 16:45 ~ 19:00<br>Normal Practice<br>Dojo(Building No.7)                          |  |  |  |  | 9 : 00 ~ 11 : 30<br>Normal Practice<br>Dojo(Building No.7)                  | Off                    |
| <b>Shorinji Kempo Club</b>            | 16:30 ~ 18:30<br>Normal Practice<br>Multipurpose Dojo<br>(Building No.2)         | 18:30 ~ 20:30<br>Normal Practice<br>Multipurpose Dojo<br>(Building No.2) | 16:30 ~ 18:30<br>Self Practice<br>Budojo(Building No.6)                        | 16:30 ~ 18:30<br>Normal Practice<br>Multipurpose Dojo<br>(Building No.2)         | 16:30 ~ 18:30<br>Self Practice<br>Budojo(Building No.6)                  | 13:00 ~ 17:00<br>Self Practice<br>Multipurpose Dojo<br>(Building No.2)      | Off                    |
| <b>Aikido Club</b>                    | 16:30 ~ 19:00<br>Normal Practice<br>Budojo(Building No.6)                        |  | 16:30 ~ 19:00<br>Physical Training<br>Fitness Training Room<br>(Building No.9) | 18:30 ~ 21:00<br>Normal Practice<br>Budojo(Building No.6)                        | 18:00 ~ 20:00<br>Normal Practice<br>Nippon Budokan Training<br>Center    | 9:00 ~ 11:00<br>Normal Practice<br>Budojo(Building No.6)                    | Off                    |
| <b>Naginata Club</b>                  | 18:30 ~ 20:30<br>Normal Practice<br>Multipurpose Dojo(Building No.2)             |  |  | Off  | 16:30 ~ 18:30<br>Normal Practice<br>Multipurpose Dojo<br>(Building No.2) | 9:00 ~ 12:00<br>Normal Practice<br>Multipurpose Dojo<br>(Building No.2)     | Off                    |
| <b>Iaido Club</b>                     | 20:00 ~ 22:00<br>Normal Practice<br>Kendojo(Building No.2)                       |  | 12:30 ~ 15:00<br>20:00 ~ 22:00<br>Normal Practice<br>Kendojo(Building No.2)    | 20:00 ~ 22:00<br>Normal Practice<br>Kendojo(Building No.2)                       |  | 15:00 ~ 18:00<br>20:00 ~ 22:00<br>Normal Practice<br>Kendojo(Building No.2) | Off                    |